

Menu - week 1

BREAKFAST :- a selection of cereals, toast and fresh fruit

Monday	Tuesday	Wednesday	Thursday	Friday
<u>LUNCH</u> Jacket Potato, Cheese & Beans Winter Compote & Cream Fruit	<u>LUNCH</u> Vegetable Curry, Naan Bread & Rice Banana & Custard Fruit	<u>LUNCH</u> Gazpacho, Garlic Bread, Pepper & Cucumber sticks Banana loaf Fruit	<u>LUNCH</u> Roast Chicken Dinner Fromage Frais Fruit	<u>LUNCH</u> Tuna Pasta Bake & Cheese Peaches & Cream Fruit
<u>TEA</u> Tomato Soup & Bread Bananas	<u>TEA</u> Cheese, Crackers, Cucumber & Pepper sticks Pears	<u>TEA</u> Carrott Waffles, Tomato Wedges & Mayonnaise Oranges	<u>TEA</u> Tuna or Cream Cheese Sandwiches & Celery sticks Kiwi	<u>TEA</u> Crumpets with Marmite and Cucumber Apples

Menu - week 2

BREAKFAST :- a selection of cereals, toast and fresh fruit

Monday	Tuesday	Wednesday	Thursday	Friday
<u>LUNCH</u> Creamy Courgette & Bacon Pasta with Garlic Bread Warm Rice Pudding Fruit	<u>LUNCH</u> Three Bean Chilli & Rice Fruit loaf Fruit	<u>LUNCH</u> Salmon & Spring Onion Vermicelli & Crusty Bread Natural Yoghurt, Oats & Raisins Fruit	<u>LUNCH</u> Jacket Potato, Tuna & Sweetcorn Winter Compote & Cream Fruit	<u>LUNCH</u> Chicken Casserole with Potatoes & Peas Fruit Yoghurt Fruit
<u>TEA</u> Rice cakes, Hummus & Tomatoes Pears	<u>TEA</u> Potato Wedges, Curry Dip & Cucumber sticks Apples	<u>TEA</u> Cream Cheese, Crispbreads & Pepper Sticks Kiwi	<u>TEA</u> Beans on Toast Bananas	<u>TEA</u> Vegetable Soup & Bread Oranges

