

# Menu - week 1

BREAKFAST :- A choice of cereals and fresh fruit

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<u>LUNCH</u> Jacket potato with tuna and sweetcorn, served with cucumber sticks <small>Tuna &amp; mayonnaise</small>  Peaches & Evaporated Milk <small>Evap</small>	<u>LUNCH</u> Tomato & Basil Pasta  Fruit Yogurt <small>Yogurt</small>	<u>LUNCH</u> Jacket potato, coleslaw & cheese <small>Cheese &amp; coleslaw</small>  Fromage Frais <small>Yogurt</small>	<u>LUNCH</u> Lemon, broccoli pasta with parmesan <small>Cheese</small>  Summer compote with Evaporated Milk <small>Evap</small>	<u>LUNCH</u> Summer casserole (chicken and vegetables) with couscous  Fruit Yogurt <small>yogurt</small>
<u>TEA</u> Tomato soup with bread <small>Soup &amp; bread</small>  Pears	<u>TEA</u> Rice cakes & cream cheese with cucumber <small>Rice cakes &amp; cheese</small>  Melon Medley	<u>TEA</u> Beans on toast <small>Bread</small>  Apples & pears	<u>TEA</u> Crispbread with sweet chilli cream cheese, tomatoes & cucumber <small>Crispbread, chilli sauce &amp; cheese</small>  Bananas	<u>TEA</u> Crackers & cheese with cucumber & red pepper sticks <small>Crackers &amp; cheese</small>  Apples

Milk and water served with all meals

## Menu - week 2

BREAKFAST :- A choice of cereals and fresh fruit

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p style="text-align: center;"><u>LUNCH</u></p> <p style="text-align: center;">Vegetable pasta with garlic bread <small>Pasta &amp; bread</small></p> <p style="text-align: center;">Fruit Yogurt <small>Yogurt</small></p>	<p style="text-align: center;"><u>LUNCH</u></p> <p style="text-align: center;">Gazpacho with cucumber, red pepper sticks &amp; garlic bread <small>Bread</small></p> <p style="text-align: center;">Banana Loaf</p>	<p style="text-align: center;"><u>LUNCH</u></p> <p style="text-align: center;">Tuna Herb Pasta</p> <p style="text-align: center;">Bananas &amp; Custard <small>Custard</small></p>	<p style="text-align: center;"><u>LUNCH</u></p> <p style="text-align: center;">Chicken dinner - baby potatoes, broccoli &amp; peas</p> <p style="text-align: center;">Fromage Frais <small>Fromage frias</small></p>	<p style="text-align: center;"><u>LUNCH</u></p> <p style="text-align: center;">Jacket potato with cheese &amp; beans <small>Cheese</small></p> <p style="text-align: center;">Summer Compote with cream <small>Cream</small></p>
<p style="text-align: center;"><u>TEA</u></p> <p style="text-align: center;">Cream cheese or marmite sandwiches with cucumber slices <small>Cheese &amp; bread</small></p> <p style="text-align: center;">Bananas</p>	<p style="text-align: center;"><u>TEA</u></p> <p style="text-align: center;">Crispbread with tuna mayo spread &amp; tomatoes <small>Crispbread &amp; tuna</small></p> <p style="text-align: center;">Pears</p>	<p style="text-align: center;"><u>TEA</u></p> <p style="text-align: center;">Fruit Toast &amp; berries</p> <p style="text-align: center;">Apples</p>	<p style="text-align: center;"><u>TEA</u></p> <p style="text-align: center;">Beans on toast <small>Beans &amp; Bread</small></p> <p style="text-align: center;">Oranges</p>	<p style="text-align: center;"><u>TEA</u></p> <p style="text-align: center;">Rice cakes &amp; hummus with baby tomatoes <small>Rice cakes &amp; hummus</small></p> <p style="text-align: center;">Melon</p>

Milk and water served with all meals