

Menu - week 1

BREAKFAST :- a selection of cereals, toast and fresh fruit

Monday	Tuesday	Wednesday	Thursday	Friday
<u>LUNCH</u> Jacket Potato, Cheese & Beans	<u>LUNCH</u> Vegetable Curry, Naan Bread & Rice	<u>LUNCH</u> Gazpacho, Garlic Bread, Pepper & Cucumber sticks	<u>LUNCH</u> Roast Chicken Dinner	<u>LUNCH</u> Tuna Pasta Bake & Cheese
Fruit Yoghurts	Banana & Custard	Banana loaf	Fromage Frais	Peaches & Cream
Fruit	Fruit	Fruit	Fruit	Fruit
<u>TEA</u> Tomato Soup & Bread	<u>TEA</u> Cheese, Crackers, Cucumber & Pepper sticks	<u>TEA</u> Carrott Waffles, Tomato Wedges & Mayonnaise	<u>TEA</u> Tuna or Cream Cheese Sandwiches & Celery sticks	<u>TEA</u> Crumpets with Marmite and Cucumber
Bananas	Pears	Oranges	Kiwi	Apples

Menu - week 2

BREAKFAST :- a selection of cereals, toast and fresh fruit

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>LUNCH</u> Tomato & Basil pasta, Garlic Bread & Pepper</p> <p>Winter Compote & Cream</p> <p>Fruit</p>	<p><u>LUNCH</u> Three Bean Chilli & Rice</p> <p>Fruit loaf</p> <p>Fruit</p>	<p><u>LUNCH</u> Salmon & Spring Onion Vermicelli & Crusty Bread</p> <p>Fromage Frais</p> <p>Fruit</p>	<p><u>LUNCH</u> Jacket Potato, Tuna & Sweetcorn</p> <p>Warm Rice Pudding</p> <p>Fruit</p>	<p><u>LUNCH</u> Chicken Casserole with Potatoes & Peas</p> <p>Fruit Yoghurt</p> <p>Fruit</p>
<p><u>TEA</u> Rice cakes, Hummus & Tomatoes</p> <p>Pears</p>	<p><u>TEA</u> Potato Wedges, Curry Dip & Cucumber sticks</p> <p>Apples</p>	<p><u>TEA</u> Cream Cheese, Crispbreads & Pepper Sticks</p> <p>Kiwi</p>	<p><u>TEA</u> Beans on Toast</p> <p>Bananas</p>	<p><u>TEA</u> Vegetable Soup & Bread</p> <p>Oranges</p>