

Menu - week 1

BREAKFAST :- a selection of cereals, toast and fresh fruit

Monday	Tuesday	Wednesday	Thursday	Friday
<u>LUNCH</u> Vegetable Pasta Bake Fromage Frais Fruit	<u>LUNCH</u> Vegetable Curry and rice Fruit Yoghurts Fruit	<u>LUNCH</u> Jacket Potato Cheese & Beans Banana loaf Fruit	<u>LUNCH</u> Roast chicken dinner Fruit yoghurts Fruit	<u>LUNCH</u> Tuna pasta bake with cheese Winter Compote & Cream Fruit
<u>TEA</u> Tomato soup with bread Pears	<u>TEA</u> Beans on toast Apples	<u>TEA</u> Crumpets with marmite & tomatoes Kiwis	<u>TEA</u> Cream Cheese, crackers and cucumber Bananas	<u>TEA</u> Carrott Waffles and tomatoes with mayonnaise Oranges & Apples

Menu - week 2

BREAKFAST :- a selection of cereals, toast and fresh fruit

Monday	Tuesday	Wednesday	Thursday	Friday
<u>LUNCH</u> Three bean chilli with rice Peaches & Cream Fruit	<u>LUNCH</u> Jacket potato with tuna, sweetcorn Fruit loaf Fruit	<u>LUNCH</u> Tomato and Basil pasta with garlic bread Fruit yoghurts Fruit	<u>LUNCH</u> Vegetable pasta Winter compote Fruit	<u>LUNCH</u> Chicken casserole with potatoes & Peas Fromage Frais Fruit
<u>TEA</u> Tuna or cream cheese sandwiches, cucumber wedges Bananas	<u>TEA</u> Rice cakes & hummus with tomatoes Pears	<u>TEA</u> Cream cheese, crackers & pepper sticks Apples	<u>TEA</u> Jacket wedges with curry dip and cucumber sticks Apples	<u>TEA</u> Beans on toast Kiwis